

## Guide to Healing

Aloe Vera Gel has had a profound influence on the health and lifestyle of many. This is part due to the adaptogenic nature of the gel - different bodies draw different to their nutritional need. Satisfied customers frequently found benefit for disorders of the digestive system, such as Irritable Bowel Syndrome and Diverticulitis. Others report improvements to skin complaints such as Psoriasis and Eczema. Still others relate the positive effects on Arthritis, Strokes, Blood Pressure, Stress levels, Asthma and Sugar Diabetes. Even those that have no particular ailment at present report that it promotes a good healthy lifestyle and an increased sense of well-being.

So varied are the reported benefits that it comes as no surprise that Aloe Vera has received the nickname the "Miracle Plant".

### Contents:

1 Litre

### Ingredients:

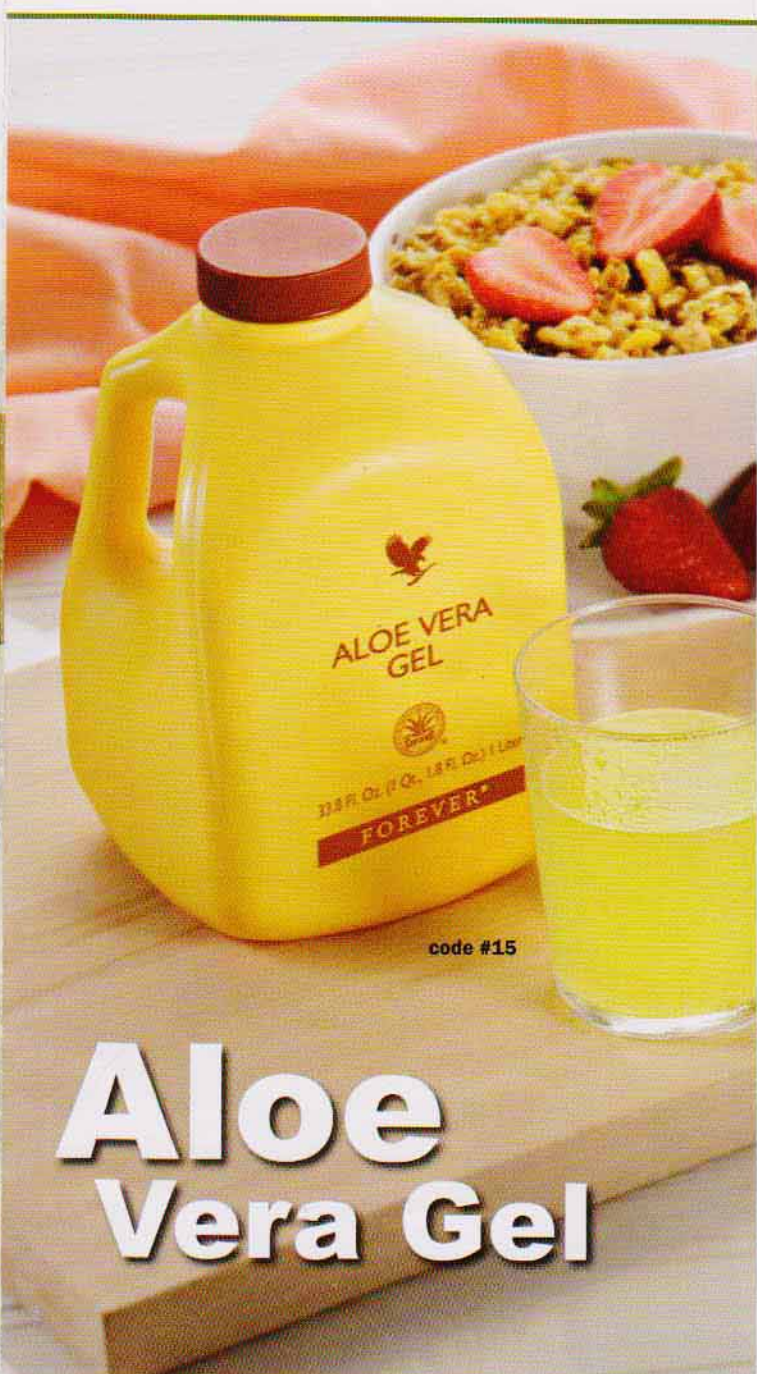
Stabilised Aloe Vera Gel, Sorbitol, Ascorbic Acid (Vitamin C), Citric Acid, Potassium Sorbate, Sodium Benzoate, Papain, Xanthan Gum, Tocopherol (Vitamin E).

### Directions:

Drink 15-30mls twice daily (it is advisable to drink the gel concentrated, but it can be diluted with juice or water).

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# FOREVER



## Description

The succulent Aloe Vera Gel is obtained from within the leaves. Forever Living Products removes the rind (skin), as it is found to have no particular benefit, leaving a slimy, sticky gelatin-like tissue containing tremendous medicinal properties.

Like any fresh produce, Aloe Vera deteriorates once exposed to the elements, known as oxidation. (If you slice an apple and leave it open to the air, the fruit quickly discolours and loses its nutritional benefit. So too with Aloe Vera). Forever Living Products spent many years developing a stabilisation process (which is patented by the company) in order to preserve the gel and prevent it from losing any of its potency and effectiveness.

Forever Living Products was awarded the International Aloe Science Council Seal of Approval and to date we are the only company that carry this seal in South Africa. We also have the Kosher and Islamic seals of approval ensuring international appeal.

## Features & Benefits

**Pain inhibitor:** Aloe Vera blocks pain in the deep layers of the skin due to its active components and their powers to penetrate and ease inflammation.

### Anti-inflammatory/Anti-allergenic:

Aloe works similarly to steroids, but without side effects. It reduces pain and inflammation as it contains agents found in aspirin. It is also helpful in healing skin abrasions and burns as it contains magnesium lactate, a substance which inhibits the histamine reactions in response to irritants.

## Increased Healing:

Aloe Vera has high levels of zinc, potassium and calcium, as well as vitamins E and C. These minerals promote the formation of a net of fibres, that trap the red corpuscles of the blood therefore speeding the healing process.

### Anti-biotic action:

**Anti-microbial** - Aloe is excellent in eliminating bacteria as well as preventing infection.

**Anti-viral** - Aloe is very effective in fighting various viruses and is being studied as an aid to AZT in fighting HIV (AIDS).

**Anti-fungal** - Acts as a fungicide.

### Cell regeneration:

Aloe possesses a hormone that accelerates the growth of new cells and eliminates old ones. The calcium in Aloe helps to regulate the liquid in and around the cells, creating healthy cells in all body tissue. Aloe contains 18 amino acids which the body needs to form proteins and tissues. It also contains minerals, which are vital in healthy cellular operation and metabolism.

### Energiser:

Aloe helps promote good metabolism, which is the production of energy for the body. It also contains vitamin C, which acts to increase circulation and improves functioning of the cardiovascular system.

### Digestion:

Aloe contains a great number of enzymes, some of which are not produced by the body and need to be obtained externally. The enzymes aid in breaking down proteins, carbohydrates and fats in order for them to be absorbed by the body. Potassium found in Aloe stimulates the liver and kidneys, which are the principle organs for detoxification. Aloe also contains uronic acids which eliminate toxic materials from the cells.

### Dilates vessels:

Dilates capillaries, thereby increasing blood flow.

